

Challenging Behaviour

**Say what you mean and
mean what you say.
It is not the severity of any
sanction that is important ...
it is the Certainty.**

**Young People's behaviour will
not change until the adult's
behaviour does - think of
Super Nanny.**

Useful Website

www.adhd.org.uk

For further information on this issue please contact:

Training & Development
Support Officer for
Northern Ireland

The Boys' Brigade NI Headquarters
c/o C2 Kilbegs Business Park
Ferguson Way
Antrim
BT41 4LZ
Tel. 028 9454 8054
email: nitraining@boys-brigade.org.uk

OR

Mr Colin Millar
Boys' Brigade Disability
Network Consultant

25 Whitethorne Brae
Newtownards
Co. Down
BT23 8EX
Tel. 028 9181 2398

(Compiled by: Colin Millar)

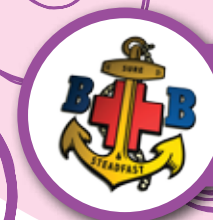


Northern Ireland Headquarters
c/o C2 Kilbegs Business Park, Ferguson Way, Antrim BT41 4LZ
Tel. 028 9454 8054
email: nitraining@boys-brigade.org.uk
Web: www.bbni.org.uk

GENERAL INFORMATION LEAFLET

Basic Facts for Leaders

Challenging Behaviour



Dis
a
Bility

NORTHERN IRELAND

General Features

Boys will be boys! They need to take risks, and we need to create an environment that allows this to happen, an environment that is safe.

We have no control over the state in which the boys arrive at our Company activity.

We have total control over our response.

WHY Manage Behaviour

- a. To create an environment where learning can flourish.
- b. To set boundaries in which young people can feel successful and achieve.
- c. To teach young people about socially appropriate and acceptable choices.

HOW to Manage Behaviour

- a. Emphasis on positive rather than negative statements.
- b. Regular and sustained use of praise and reward.
- c. Teaching young people the social skills they need to be successful.
- d. Redirecting young people towards success rather than highlighting their mistakes.

4 Steps to better Behaviour

1. Learn to pay Positive Attention to young people
2. Use this Positive Attention to improve behaviour
3. Set up a Company Token/Reward system - (think about this at Company level)
4. Coping with the inevitable! - responding constructively to incidents (they will happen)

How Can We Help?

Follow the rules - are there rules? does everyone know them, are they **TAUGHT** (age appropriately)

- a. Don't take 'it' personally
- b. Remain calm - speak slowly, use low tones
- c. Look for win-win situations - Give choices and spell out consequences clearly
- d. Know what to say: use scripts
 - i. *You know the rule*
 - ii. *You know the consequences*
 - iii. *The choice is yours*



- e. Praise those who are behaving well - Thank you + descriptor
- f. Promote positive relationships - smile, greet & chat.

POSITIVE BEHAVIOUR

Is a clear system of rewards and sanctions, which everyone in knows and understands.

POSITIVE BEHAVIOUR

Aims to ensure that our members behave well in all aspects of the Programme

POSITIVE BEHAVIOUR

Aims to ensure that all members learn effectively and work hard to achieve success.

POSITIVE BEHAVIOUR

Is based as much on rewarding members for good behaviour as on punishing them for bad behaviour.

POSITIVE BEHAVIOUR

Makes it clear that whether a member is rewarded or punished depends entirely on his behaviour, attitude and approach to the programme.